

DAILY(as noted)

© **Ithaca 7:00 am (M-Sat) Discussion** ☯

Early Bird Special, ICR Ctr.518 W. Seneca St.

ξ **Cortland 9:00 am (M-Sat) Discussion** ☯

Cortland Morning Group, Grace Episcopal Church, Court St., Cortland

© **Ithaca 9:00 am (M-Su) Discussion** ☯

Ithaca Morning Mtg., ICR Ctr. 518 W. Seneca St.
(Last Sat-Speaker) (Sunday-Open mtg)

ξ **Cortland noon (M-F) Discussion**

Cortland Noon Group, Grace + Holy Spirit Church
13 Court Street, Cortland

ξ **Owego 12-noon (M-F) Discussion** ☯

Presbyterian Church, Corner of Temple St. & North Ave.

© **Ithaca 12-noon (M-Sat) Discussion** ☯

Brown Baggers, ICR Ctr. 518 W. Seneca St. (M: Big
Book W: Step, F: Speaker, Last Fri- Open Medallion Mtg)

ξ **Ithaca 4:30 pm (M-F) Literature** ☯

One Day at A Time, ICR Ctr. 518 W. Seneca St.
(Basement)

© **Ithaca 5:30 pm (M-Su) Discussion** (Thurs- Step)

Attitude Adjustment Hour, ICR Ctr., 518 W. Seneca St.

MONDAY (see also Daily)

© **Groton 7:00 pm Discussion** ☯

Groton Valley Serenity Group, Groton Community
Church, 204 E. Cortland St.

© **Watkins Glen 7:00 pm 12 and 12** ☯

Watkins Glen Group, St. Mary's Ctr., 10th St.

ξ **Brooktondale 7:30pm Discussion** ☯

Monday Night Discussion, Brooktondale Community
Center, 522-526 Valley Rd.

ξ **McGraw 7:30pm Discussion**

McGraw Last Call Group, United Methodist Church,
22 E. Main St., McGraw. (basement)

ξ **Ithaca 8:00 pm Big Book**

Monday Night Big Book Group, St Luke's Lutheran
Church, 109 Oak Ave.

ξ **Owego 8:00 pm Discussion**

St. Paul's Episcopal Church, 117 Main St.

ξ **Trumansburg 8:00 pm Discussion** ☯

T-burg Cayuga Group, Presbyterian Church, 69 E. Main

© **Ithaca 8:00 pm Discussion**

Monday Night Candlelight Group, St. John's Episcopal
Church, 210 N. Cayuga St. (Enter from Buffalo St. lot)

TUESDAY (see also Daily)

ξ **Ithaca 12:15 pm Discussion** ☯

Campus Meeting Group, Cornell Univ,
314 Anabel Taylor Hall (academic schedule)

ξ **Cortland 6:45 pm Beginners**

Tuesday Night Group, County Office Bldg.
60 Central Ave., Cortland

© **Cortland 7:30 pm Big Book**

Tuesday Night Group, County Office Bldg.,
60 Central Ave., Cortland

ξ **Hector Chapter of AA** ☯ **7:30 pm**

First Presbyterian Church, 5511 NY Rt 414
Hector, NY 14841

ξ **Interlaken 8:00 pm Discussion**

Interlaken Group, St. Francis Church, Orchard St.

© **Ithaca 7:00 pm Discussion** ☯

Ithaca Group, Presbyterian Church, 315 N. Cayuga St.
(Enter on Court St.) (Last Tues-Open Speaker)

© **Ithaca 8:00 pm 11th Step** ☯

ICR Ctr., 518 W. Seneca St.

ξ **Watkins Glen 7:00 pm Discussion** ☯

Watkins Glen Group, St. Mary's Ctr., 10th St.

WEDNESDAY (see also Daily)

ξ **Ithaca 1:15pm**

Double Winners: AA with AI-Anon topics
ICR Ctr., 518 W. Seneca St.

ξ **Cortland 5:00 pm Combined AA/NA** ☯

TC3 Room 215 L, Cortland NY

ξ **Groton 7:00 pm Step & Tradition** ☯

Groton Valley Serenity Group, Groton Community
Church, 204 E. Cortland St.

ξ **Danby, 7:00 pm Step & Tradition** ☯

Danby 12&12 Mtg., Danby Federated Church Annex,
1859 Danby Rd. (Rt. 96B)

ξ **Cortland 7:00 pm Discussion**

Hillside Hope Group, United Methodist Church,
30 Homer Ave. (corner of Maple), Cortland. (basement)

ξ **Ithaca 8:00 pm Beginners**

Wednesday Night Beginners Group
St. John's Episcopal Church, 210 N. Cayuga St.
(Enter from Buffalo St. lot)

ξ **Lisle 8:00 pm Discussion**

Whitney Point Group, Lisle Associated Church

© **Owego 8:00 pm Discussion**

Keep it Simple Group, Methodist Church, 261 Main St.

© **Watkins Glen 7:00 pm Big Book** ☯

Watkins Glen Group, St. Mary's Ctr., 10th Street

THURSDAY (see also Daily)

ξ **Ithaca 12:15 pm Discussion** ☯

Campus Meeting Group, Cornell Univ,
314 Anabel Taylor Hall
(Campus Meeting closed on University holidays)

ξ **Homer 7:15 pm Beginners**

St. Margaret's Church, Copeland Ave.

ξ **Ithaca 7:30 pm Lit/Discussion** ☯ (Basement)

How It Works, ICR Ctr. 518 W. Seneca St.

ξ **Reynoldsville 7:30 pm Discussion**

Thinking Out Loud Mtg.
Reynoldsville Methodist Church, Rt. 227

ξ **Ithaca 8:00 pm Discussion** ☯

Any Lengths Group, Varna Community Ctr., Rt. 366

ξ **Ithaca 8:00 pm Discussion**

Cayuga Freethinkers Group, 306 N. Aurora St

© **Homer 8:00 pm Discussion**

St. Margaret's Church, Copeland Avenue

© **Owego 8:00 pm Discussion**

St. Paul's Episcopal Church, 117 Main St.

ξ **Ithaca 9:00 pm Beginners/ Discussion** (basement)

Young People's Mtg, ICR Ctr. 518 W. Seneca St.

FRIDAY (see also Daily)

© **Ithaca 9:00 am Discussion** ☯

Non-Compliant Meeting, Kendal at Ithaca
2230 N. Tripphammer Road, Conf. Rm. A

© **Dryden/TC3 3:00 pm Discussion**

TC3 Meeting, 284 Campus Center (academic schedule)

© **Watkins Glen 7:00 pm Discussion** ☯ (Last Fri: speaker)

Watkins Glen Group, St. Mary's Ctr., 10th St.

ξ **Cortland 6:30 pm Beginners**

Serenity Circle Group, Cortland Regional Medical Ctr,
Homer Ave, Cortland

ξ **Dryden 7:00 pm Beginners** ☯

Dryden 12 Steppers Group

Methodist Church, corner of Routes 13 & 38

© **Ithaca 7:00 pm Discussion** ☯

Friday Night Women's Group, ICR Ctr., 518 W. Seneca

ξ **Cortland 7:30 pm Speaker**

Serenity Circle Group, Cortland Regional Medical Ctr.,
Homer Ave, Cortland

ξ **Candor 8:00 pm Discussion**

Candor Group, St. Mark's Episcopal, 17 Main St.

ξ **Dryden 8:00 pm Discussion** ☯

Dryden 12 Steppers Group

Methodist Church, corner of Routes 13 & 38

Ovid 8:00 pm Ovidian Young People of AA

Spear Lounge, Ovid Federated Church

7137 Main St., Ovid NY 14521

ξ **Owego 8:00 pm Speaker** ☯

Back to Basics, Grange Hall, Glen Mary Drive

ξ **Mecklenburg 8:00 pm Big Book** ☯

The Way Out Group, Methodist Church, Turnpike Rd.

© **Ithaca 8:00 pm Discussion**

Friday Night Men's Group,
Unitarian Parish House, 306 N. Aurora St.

SATURDAY (see also Daily)

© **Ithaca 9:10 am Literature Discussion** ☯

History Lights the Way, St. Catherine of Siena Church,
Parish Hall, left parking lot

302 St. Catherine Circle (off Hanshaw Rd)

© **Watkins Glen 9:30 am Discussion** ☯

Watkins Glen Group, St. Mary's Ctr., 10th St.

ξ **Ithaca 1:15pm**

SATURDAY, continued

ξ Ithaca 1:15pm ☯

Double Winners: AA with Al-Anon topics
ICR Ctr., 518 W. Seneca St.

ξ Groton 7:00 pm Discussion ☯

Groton Valley Serenity Group, Groton Community Church, 204 E. Cortland St. (3rd Saturday- Speaker mtg)

ξ Owego 7:00pm Beginners

Keep the Plug in the Jug Group
1st Union Presbyterian Church, 111 Temple St, Owego
(First Sat-12 & 12, Last Sat-speaker)

ξ Cortland 7:30 pm Discussion ☯

United Presbyterian Church, Church St.

ξ Ithaca 8:00 pm Discussion ☯

Saturday Night Live, ICR Ctr., 518 W. Seneca St. (2nd Sat-Medallion, 4th Sat-speaker)

ξ Trumansburg 8:00 pm Discussion ☯

T-burg Cayuga Group, Presbyterian Church, 69 Main St.

SUNDAY (see also Daily)

ξ Cortland 9:00 am Discussion

New Beginnings Group, American Red Cross Bldg, 111 Port Watson St. Cortland, 2nd flr. (door locks at 9:05)

ξ Cortland 9:15 am Beginners ☯

Access to Independence Bldg, 26 N. Main St. Cortland

©Ithaca 11:00 am Discussion

Women's One Day at a Time ICR 518 W. Seneca St

© Lansing 11:00 am Discussion

L.A. Group, Lansing Community Center, Rt. 34
(Last Sun –open mtg)

ξ Owego 6:00 pm Discussion ☯

Sunday Night Group, St. Paul's Episcopal
117 Main St, Owego

ξ Harford 7:00 pm Discussion

Dryden 12 Steppers Loose Caboose Meeting,
367 Route 38, Harford

ξ Cortland 7:00 pm Discussion ☯

Cortland Morning Group, Grace Episcopal Church,
Court St., Cortland

ξTrumansburg 7:00 p.m. Speaker

Taughanock Group, Trumansburg Methodist Church,
Corner of Main and South Streets next to library.

ξWatkins Glen 7:00 pm Discussion ☯

Watkins Glen Group, St. Mary's Ctr., 10th St.

ξ Ithaca 7:00 pm Discussion

Cayuga Freethinkers Group, 306 N. Aurora St

ξNewfield 7:30 pm Discussion ☯

Covered Bridge Group
First Methodist Church, 227 Main Street

© Ithaca 8:00 pm Step ☯

Sunday 12 & 12 ICR Ctr, 518 W.Seneca St.

© Moravia 8:00 pm Discussion

Moravia Group, St. Matthew's Church, Church St.

MONTHLY

© Ithaca Intergroup Meeting

1st Tuesday 7:00 pm, Presbyterian Church, Fireside Room,
315 N. Cayuga St., Ithaca (Enter on Court St.)

© Public Info. Committee Meeting

2nd Tuesday 7:00 pm, Presbyterian Church, Fireside Room,
315 N. Cayuga St., Ithaca (Enter on Court St.)

© Institutions Committee Meeting

Last Tuesday 7:00 pm, Presbyterian Church, Fireside Room, 315 N. Cayuga St., Ithaca (Enter on Court St.)
Email: ithaca_institutions@yahoo.com

© Area Assembly

2nd Sunday
Location to be announced (contact your GSR or DCM)

© District Meeting – Ithaca Area 0670/0680

1st Wednesday
7:00 pm Ithaca Community Recovery Center
518 W. Seneca St., Ithaca

© GSR Meeting – Tioga County Area 0660

1st Sunday
5:00 pm St. Paul's Episcopal Church,
117 Main St., Owego

Phone Numbers:

Alcoholics Anonymous Meeting List

Ithaca, NY and surrounding areas
Last updated: October, 2017
Ithaca Intergroup
PO Box 43 Ithaca, NY 14851

For information call:

Ithaca 607-273-1541
Cortland 607-753-1344
Binghamton 607-722-5983
Elmira 607-737-6733
Tioga/Owego 800-307-4285

ξ Open Meeting, All are welcome.
© Closed Meeting, AAs & Problem Drinkers only.
☯ Wheel chair accessible.
ICR: Ithaca Community Recovery 518 W. Seneca St. Ithaca NY 14580
All meetings are non-smoking

AA Preamble

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization, or institution, does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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New York AA meetings: <http://ny-aa.org>
Central NY meetings: <http://aacny.org/meetings>
Send changes to: Meetings14850@gmail.com